

Homeschool Blueprint

Sample Family Academy

North Carolina Homeschool Blueprint · 2026

School year	2026
State	North Carolina
Plan	Full Blueprint
Prepared by	Sample Parent

Math

Reading

Science

History

This plan is built around North Carolina's homeschool rules and your answers. It is a practical starting point, not legal advice — always confirm details with your district or state before filing anything.

2 Money North Carolina may put toward your homeschool

Real programs, pulled from North Carolina's own rules — worth checking before you spend your own money.

ESA+ (Education Student Accounts Plus)

Up to \$9,000

per student, per year

Targeted, not universal. ESA+ is for students with documented disabilities (IEP or qualifying medical/psychological diagnosis). The base award is \$9,000 per year, with a higher tier (~\$17,000) for students with the most significant needs (autism, hearing/visual impairment, multiple disabilities). Applications open each spring through NCSEEA. North Carolina also runs a separate Opportunity Scholarship for non-disability families, but that program is a private-school voucher and is not homeschool-eligible.

The regulatory strings for homeschoolers are lighter than most universal ESAs but still real. ESA+ students are removed from North Carolina's homeschool registration with DNPE and reclassified as ESA+ participants. Funds may only be spent on approved categories (tuition at a participating school, curriculum, tutoring by approved providers, therapies, technology). Disability documentation must be re-verified, and unspent funds revert to the state. For families with a child whose therapies and curriculum already cost more than the homeschool path, ESA+ can be a fit. For typical homeschoolers, NC's existing homeschool law is already light-touch and most families don't take the funds.

Program details: <https://www.ncseaa.edu/k12/esa-plus/>

Programs and amounts change. Confirm with the official source before you rely on them.

5 Your weekly rhythm

A simple shape for the day: core skills in the morning, one content subject midday, one fun block to finish. Repeat it until it's boring — boring means it's working.

Day	Morning (core)	Midday	Afternoon
Monday	Math, Reading	Science	Art
Tuesday	Math, Reading	History	Music
Wednesday	Math, Reading	Science	PE
Thursday	Math, Reading	History	Life skills
Friday	Math, Reading	Science	Art

6 Your 36-week school year

Most homeschool years run about 36 weeks — four 9-week stretches with breaks in between. Here's the shape of the year, then a week-by-week planner to fill in as you go.

Weeks 1-9 — Settle in

Start slow. Build your daily rhythm. Don't worry about catching up — worry about showing up.

Weeks 10-18 — Find your pace

Your rhythm is working now. Add depth where your child is curious. Take a fall break.

Weeks 19-27 — Go deeper

The middle stretch. Mix in projects, field trips, and library days to keep things fresh.

Weeks 28-36 — Finish strong

Wrap up your materials, review the year, and save samples of finished work for your records.